

THE BEST WAY TO PROTECT LGBTQ+ MENTAL HEALTH?

Supporting people
in being their true
selves.



Learn more at
mhanational.org/pride

BEING LGBTQ+ CAN COME WITH PRIDE, JOY, AND FREEDOM.
It can also be very challenging in today's world.



Check in on your
mental health at
mhascreening.org



Learn more about
LGBTQ+ mental health at
mhanational.org/lgbtq