Presenters

Dr. Doreen Marshall
VP of Mission Engagement, American Foundation for Suicide Prevention

Dr. Keita Franklin,
Chief Clinical Officer, Psych Hub
Remote Work & COVID-19

• Sudden surge in remote work
• Different challenges for employees
• Different challenges for employers
• What does investment in well being look like?
• What does support/supportive resources look like?
Signs that your remote employees are struggling

- Mental Health
- Substance use
- Suicide risk
Practical ways employers can support employee mental health

• Encourage social connectedness
• Set clear boundaries for remote work
• Get creative with your communications
• Provide wellness resources
• Provide hope and be transparent
Resources

Mental Health America: Mental Health & COVID-19 Information & Resources
mhanational.org/covid19

Psych Hub: COVID-19 Mental Health Resource Hub
psychhub.com/covid-19

American Foundation for Suicide Prevention: Mental Health and COVID-19
afsp.org/mental-health-and-covid-19
Contact Us

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