

MHA Affiliate Screening FAQ

May is Mental Health Month

1) What is MHA Screening?

MHA Screening is Mental Health America's online screening tool (MHAScreening.org). We currently host four screens – a depression screen (9-item Patient Health Questionnaire- PHQ9), an anxiety screen (Generalized Anxiety Disorder 7), a bipolar screen (Mood Disorder Questionnaire), and a PTSD screen (Primary Care-PTSD). We plan to add 4 new screens this year (Youth Screen, Parent Screen, Substance Use Screen, and Psychosis Screen). Many of the screening tools are open source. For tools that are not, MHA National has taken necessary steps to obtain permission for use of the tools for ourselves and our affiliates.

2) What does use of MHA Screening cost?

There is no additional cost for affiliates to use MHA Screening. Use of the tools and support is included in the affiliate dues.

3) Why should we link to MHA Screening?

We see MHA Screening as a tool for members of your community to learn more and to get connected. To date, we have over 300,000 screens, with an average of 26,000 screens taken per month. 95% of our screens are from the US. With your help, we would also increase the number of individuals screened which would provide us all with stronger data results.

4) What happens for individuals after screening?

After screening, all individuals receive screening results, additional psychoeducation, and linkage to resources including a way to link to local affiliates. Individuals are told that screening is not a diagnosis. They are encouraged to print and provide the results to a mental health professional. If a person screened shows a risk of suicide, they are flagged and asked to call the National Suicide Prevention Hotline at 1-800-273-TALK or go to the nearest emergency room for immediate treatment.

5) How do we add MHA Screening to our webpage?

Most of our affiliates link back to MHA National's screening site: MHAScreening.org. Some of them use a web widget (similar to the one provided in the May is Mental Health toolkit). Others create a full webpage which includes psycho-education and the widget or link. We are in the process of exploring the development of a "cloned" website that affiliates can use directly on their site.

6) What kind of screening results will we get?



B4Stage4

Get screened.

MHA
Mental Health America

www.mhascreening.org

Anonymous • Free • Confidential

MHA Screening provides results from the unique demographic questions asked on our site (for example: location, income, gender, special population identification, history of diagnosis, and future needs). Our screening results are provided to screeners and affiliates in measures of severity (i.e. minimal, mild, moderate, severe), which is aligned with research for how measures are conducted and reported in a primary care setting. This is especially important for those individuals who are emailing or printing their results.

7) How can we use the screening results?

Results have been used by MHA and our affiliates to gather information about people's needs in our community. Results help to inform which groups are seeking help when they visit MHA and what they need from us to support their recovery. Some affiliates have used screening results to support their fundraising and grant writing efforts.

8) How do we get results from screening?

Contact National! You can contact Theresa Nguyen at tnguyen@mentalhealthamerica.net or 703.838.7536. She can provide you with results and set up a call to walk through analysis of the results.

9) What kind of help can we get from National about screening?

We like to get and stay connected with our affiliates. If you would like individualized support for screening, we're thrilled to set up a phone call to talk through what your agency goals are and how screening can support those goals. In the past, we've helped affiliates access data, analyze data, link to screening on their webpage, strategies to promote screening, and shared fundraising strategies for a screening program.