



WHILE 1 IN 5 PEOPLE WILL EXPERIENCE A MENTAL ILLNESS DURING THEIR LIFETIME, EVERYONE FACES CHALLENGES IN LIFE THAT CAN IMPACT THEIR MENTAL HEALTH.

HELP US REACH OUR GOAL OF ONE MILLION SCREENS THIS MAY. TAKE A MENTAL HEALTH SCREEN AT [MHASCREENING.ORG](https://mhascreening.org).

IT IS A QUICK, FREE, AND PRIVATE WAY TO ASSESS YOUR MENTAL HEALTH AND RECOGNIZE SIGNS OF MENTAL HEALTH PROBLEMS.

#MILLIONINMAY

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