

YOUTH MENTAL HEALTH

OVER THE LAST DECADE, YOUTH MENTAL HEALTH HAS BEEN WORSENING

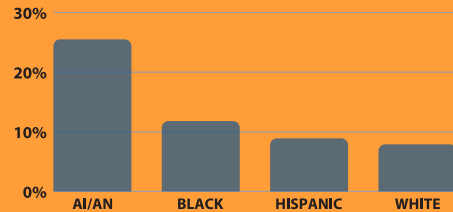
From 2009 to 2019, the percentage of youth ages 12-17 who reported having a past-year major depressive episode (MDE)

DOUBLED FROM 8% TO 16%

In 2019, 46.8% of youth that identify as gay, lesbian, or bisexual reported seriously considering suicide

MORE THAN 3X the rate of youth identifying as heterosexual (14.5%)

In 2019, 25.5% of American Indian or Alaskan Native youth, 11.8% of Black youth, and 8.9% of Hispanic youth reported attempting suicide in the past year in 2019, compared to only 7.9% of White youth



COVID-19 EXACERBATED THESE TRENDS

In 2020, 51% of 11-17-year-olds reported having thoughts of suicide or self-harm more than half or nearly every day of the previous two weeks on MHA Screening

TOTALING NEARLY 160,000 YOUTH

Rates of frequent suicidal ideation were even higher among LGBTQ+ youth



62% REPORTED FREQUENT THOUGHTS OF SUICIDE IN 2020

Compared to 2019, in 2020 children's visits to the emergency room for mental health conditions increased

31% FOR THOSE AGES 12-17

24% FOR THOSE AGES 5-11

BUT ACCESS TO CARE IS STILL LACKING

Only 43.3% of all youth with a past year major depressive episode (MDE) received any mental health treatment in 2019



Of youth who do receive mental health services, 70-80% receive them at school



While 50.3% of White youth with past year MDE received mental health services, only 35.6% of Black and 36.8% of Hispanic youth with past year MDE received mental health treatment in 2019

