

Appendix C - Mental Health Education Chart

KEY: Yes – Bill signed into law | **Tracking** – Bill introduced but not yet passed | **Standards and Regulation** – State administrative requirements are in place

State	Mental Health Education Leg.	Notes	Current Legislative Session Status (AS OF 6/21/21)
Alabama			Adjourned
Alaska	Tracking HB 60	This bill would “encourage” each district to create a k-12 MH program that follows statewide guidelines for MH education according to representatives from various Alaskan MH orgs. This bill is nearly identical to HB 181 that was introduced in 2019 but not passed. Alaska state legislature is currently in a special session, which is why movement on the bill is still being tracked.	In Special Session
Arizona		State has established a school safety task force who are exploring mental health education legislative options	In Regular Session
Arkansas	Standards	Health education required for graduation, curriculum standards include mental/emotional health component	Adjourned
California	Tracking SB 224	Bill would require students grades 1-12 to receive “medically accurate, age-appropriate mental health education from instructors trained in the appropriate courses at least once in elementary school, at least once in junior high school or middle school, as applicable, and at least once in high school”	In Regular Session
Colorado	Standards	Teacher recertification requirements that mental health for youth be taken. Additionally, mental health and emotional wellness is required in the health curriculum.	Adjourned
Connecticut	Yes	“Connecticut law requires public schools to offer health and safety as a required subject area in its program of instruction. Mental and emotional health, including youth suicide prevention, is a subtopic in this required subject area (CGS § 10-16b). State law does not specify which subject areas must be offered by grade, nor does it prescribe a specific curriculum that teachers must follow when delivering instruction in this subject area. Rather, districts develop their own grade specific curricula with support from the State Department of Education (SDE). Districts may utilize a 2006 SDE-developed framework when designing their curricula.” (via Connecticut General Assembly)	Adjourned
District of Columbia	Standards		
Delaware			In Regular Session
Florida	Yes and Regulation	School districts must annually provide a minimum of five (5) hours of instruction to students in grades 6-12 related to youth mental health awareness and assistance, including suicide prevention and the impacts of substance abuse.	Adjourned
Georgia			Adjourned
Hawaii	Standards		Adjourned
Idaho	Standards		Adjourned