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<th>Social Media Platform</th>
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| TikTok                | TikTok is used to share and view 1-10 minute long videos including personal thoughts, tutorials, dances, and more. | 13 | - TikTok Digital Well-being  
- Restricted Mode  
- Parental Pacing | - TikTok “challenges” can become unsafe or inappropriate for youth and teens  
- While content is reviewed, what some consider appropriate may not be to others  
- Comment sections are often flooded with negative or harmful comments, but users can change video settings to restrict comments on their video  
- Snaps disappear after they are viewed, which can make sending hurtful or inappropriate messages easy to get away with  
- Photos or messages can be screenshoted or saved in the chat, but the sender will be notified |
| Snapchat              | Snapchat allows users to send “snaps” (photos or videos) which will disappear after being viewed. | 13 | - Change contact settings  
- Disable “show me in quick add” setting | - Snaps disappear after they are viewed, which can make sending hurtful or inappropriate messages easy to get away with  
- Photos or messages can be screenshoted or saved in the chat, but the sender will be notified |
| Instagram             | Instagram is a platform where you can post and view photos and videos, allowing users to connect with friends, family, brands, celebrities, and influencers. | 13 | - Supervision option lets parents link their social media accounts to their child's account to supervise activity  
- Instagram influencers and celebrities are often followed and idolized by youth and teens | - Instagram vs. reality is an important topic to address with young people |
| Twitter               | Twitter is a social media platform designed to connect people and allow them to share thoughts through short posts called tweets. | 13 | - Privacy settings can adjust who can tag, follow, and message users  
- Safety Mode will automatically block abusive language and spam accounts  
- Twitter is automatically public which makes it easier to interact with strangers  
- Twitter is permanent and even if accounts are changed to private, tweets sent from a public account remain public  
- Often used as a way to spread news—with many tragedies occurring daily, it’s important to discuss the impact of news and how to cope | |
| YouTube               | YouTube is a video sharing platform where users can watch, like, share, comment, and upload their own videos. | 13 | - YouTube supervised Google account  
- YouTube Kids app  
- YouTube Family Guide  
- Without parental controls, youth can look up virtually anything, including explicit content | |
| Facebook              | Facebook allows users to stay connected to others through messages, posts, and videos. Users can discover what’s going on in the world, join groups, and share thoughts and life updates. | 13 | - Privacy, timeline, and tagging settings can all be changed to help protect user's accounts and safety  
- While Facebook may not be the primary form of social media used by youth anymore, it can be used for cyberbullying and casi \(\text{f}t\)ing | |
| Pinterest             | Pinterest is a social site where you can collect and share images to "boards" often allowing for discovery of ideas. | 13 | - Customizable privacy settings  
- Possibility of seeing inappropriate, offensive, or troublesome images (i.e. pictures glorifying eating disorders) on public boards | |
| Discord               | Discord is a voice, video, and text chat app organized by topic channels that allows users to talk and hang out with communities and friends. | 13 | - Safe Direct Messaging can automatically scan and delete direct messages containing explicit content  
- Discord is used by predators to contact youth  
- Has become increasingly used for cyberbullying  
- Has been used for criminal activity and spreading troublesome ideologies and explicit content | |
| Reddit                | Reddit has many forums where people can share news, pop culture, personal experiences, or other topics that are most often promoted through site members voting. | 13 | - Profile settings can be altered to keep minors more anonymous  
- Privacy settings can be altered to keep minors more anonymous  
- Content preferences can disable adult content from being shown  
- Reddit threats are often not based on fact, but on opinion  
- Threats can be filed with reports, theories, controversial topics, and personal experiences  
- Reddit communities provide space for people to share, but may be unsafe, inappropriate, or triggering for youth to read  
- Personal details of users have been revealed, resulting in harassment | |
| WhatsApp              | What app is a messenger app used to send and receive texts, images, audio, or videos via the internet instead of cell phone service. | 13-16 | - Customizable privacy settings  
- Messages from strangers may contain viruses or be scams  
- Can be hard to monitor if "disappearing messages" feature is enabled  
- Has been used for cyberbullying  
- There is no filter for adult content | }

**SOURCES**  