

[Young Leaders Council Application](#)

Thank you for your interest in Mental Health America's (MHA) Young Leaders Council (YLC)! Read more about MHA's [young adult leadership programs](#) and [previous YLC members](#).

The YLC identifies young leaders (ages 18-25) who have created programs and initiatives to fill gaps in mental health support and resources in their communities.

Selected applicants participate in a six-month cohort to connect and share ideas with other leaders from across the U.S. YLC members contribute to MHA content and an annual report on expanding or replicating their ideas.

As part of the program, participants:

- Attend monthly 90-minute meetings over a six-month term.
- Receive one-on-one mentoring.
- Receive opportunities to present at MHA local and national events and with MHA partners.
- Share their thoughts, work, and stories via MHA's website and social media, as well as with partner organizations, journalists, and others interested in youth mental health.
- Join our Expanding Impact Network of MHA youth program graduates, which includes ongoing training and community building.
- Receive a \$1,000 stipend.

Please complete the below form to submit your application for the 2024-2025 Young Leaders Council.

Applications are due August 16, 2024.

For questions or support completing the application, contact Jackie Menjivar, MHA's Manager of Peer and Youth Advocacy, at jmenjivar@mhanational.org.

Applicants will be notified about selection by September 9, 2024.

Name _____

First Name

Last Name

Email

City and state

City/Town

State/Province

- Select -



Birth date

Which groups do you identify with?

This section is completely voluntary.

- LGBTQ+
- Person with lived experience of mental health challenges, trauma
- Person with lived experience of addiction or substance use disorder
- Family member of someone with mental health conditions and/or substance use disorder
- Ally
- Veteran
- Student
- Person with a disability/Disabled
- Hispanic or Latinx
- Asian/Pacific Islander
- Black/African American
- Native American/Alaska Native
- White (Non-Hispanic)
- Other...

Enter other...

1. In video or writing, please address the following four questions.

Written responses should be 250-500 words total, and videos should be no longer than 5 minutes.

a. Why is mental health advocacy important to you?

b. What are the biggest issues in addressing mental health for young people?

c. What program or initiative have you led to address youth and young adult mental health in your community? Please include details about the program, the target audience, and the impact. This could be a policy initiative, training program, nonprofit, app, support group, or more.

d. What are your future goals for your program/initiative and your work?

Applications that do not address all four questions *will not* be considered. Applications can be submitted as videos, essays, or bulleted answers. Preferred means for video submissions are YouTube or Google Drive links.

For video applications, paste the link here:

For written applications, upload the file here:

Choose

a
file

Upload

One file only.

75 MB limit.

Allowed types: gif, jpg, png, bmp, eps, tif, pict, psd, txt, rtf, html, odf, pdf, doc, docx, ppt, pptx, xls, xlsx, xml, avi, mov, mp3, ogg, wav, bz2, dmg, gz, jar, rar, sit, svg, tar, zip.

2. Please include supporting documents or links.

This can include blogs, websites, news articles, social media accounts, academic papers, etc., related to the program or work discussed in question 1.

Supporting Documents File Upload

Choose

a
file

Upload

One file only.

75 MB limit.

Allowed types: gif, jpg, png, bmp, eps, tif, pict, psd, txt, rtf, html, odf, pdf, doc, docx, ppt, pptx, xls, xlsx, xml, avi, mov, mp3, ogg, wav, bz2, dmg, gz, jar, rar, sit, svg, tar, zip.

3. Please include any additional personal statements, information, references, fun facts (!) or links that you would like to share!

Supporting Documents File Upload

Choose

a
file

Upload

One file only.

75 MB limit.

Allowed types: gif, jpg, png, bmp, eps, tif, pict, psd, txt, rtf, html, odf, pdf, doc, docx, ppt, pptx, xls, xlsx, xml, avi, mov, mp3, ogg, wav, bz2, dmg, gz, jar, rar, sit, svg, tar, zip.

4. Would you like to receive emails from MHA about youth and young adult mental health initiatives?

No

Submit