

# **WEBINAR: What Works in Mental Health?**

## **Measuring the Impact of Peer Support Services**

### **What Works in Mental Health? Measuring the Impact of Peer Support Services**

**Tuesday, February 25, 2020**

**2 PM ET / 11 AM PT**

The peer support specialist workforce is growing as it continues to prove its positive impact on behavioral health services and systems. Much of the dialogue in expanding access to peer support services focuses on reductions in hospitalization, emergency department utilization, and depression. However, the real focus of the peer support specialist relationship is to support people in improving their wellbeing in the broader areas that are important to the individual receiving support.

Join this webinar to learn more about the impact of peer support specialists, how their focus on wellbeing and relationship impacts broader health outcomes, and how to integrate and measure peer support services in your organization and work.

Webinar attendees will explore:

- Traditional measurements and marks of success in peer support services;
- The broader effect of peers on the behavioral health landscape;
- How peer support services shift the focus on measurement in behavioral health; and
- Ways to measure the impact of peer support on an individual's goals, connections, and quality of life.

### **Meet the Presenters:**

**Patrick Hendry**, NCPS is the Vice President of Peer Advocacy, Supports, and Services at Mental Health America. He has worked as a mental health advocate for the past twenty-four years. His areas of expertise include peer provided services, self-directed care, recovery-based trainings, organizational development, and management and sustainability. He is the former Executive Director of the Florida Peer Network and has assisted in the development of numerous peer-run programs

and organizations. Patrick is a strong supporter of the inclusion of mental health consumers in all aspects of the behavioral health system.

**Kelly Davis** is the Director of Peer Advocacy, Supports, and Services at Mental Health America (MHA) where she works to promote the expansion of peer support throughout health care. She also leads MHA's Collegiate Mental Health Innovation Council, which is dedicated to highlighting and expanding student-led programs that fill gaps in traditional services and supports on campus. Kelly is passionate about empowerment, civil rights, positive psychology, peer support, and trauma-informed care.

In 2019, Kelly was awarded the Disruptive Innovator Award by the International Association of Peer Supporters, an award given to a young person making positive change in mental health through positive disruption.

First Name

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